The Totteridge Academy
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Subject: Health and Social Care
Year: 10

OVERVIEW

Year 10 HSc will start with an introduction to the key skills required within the BTEC Tech award. Once this induction is completed students with explore the key concepts of human growth and development . These will be linked to the physical, intellectual, emotional and social development of humans through the 6 life stages. Students will learn about how development can be affected by different factors and how support can be provided, both formally and informally, through health and social care services.

Term	Focus	Assessment

Aut 1	• BTEC Induction
	  • *Key study skills within BTECs, research, referencing, writing for different audiences*
	• Component 1: Human Lifespan Development
	  • *Growth, physical, intellectual, social, emotional development, life stages*
		No assessment

Aut 2	• Component 1: Understand human growth and development across life stages
	  • *Physical, intellectual, emotional and social development*
	  • *Infancy and Early childhood*
	  • *Adolescence*
	  • *Early, middle and later adulthood*
		Component 1: Human Lifespan Development exam

Spr 1	• Component 1: Factors that affect human growth and development
	  • *Physical factors*
	  • *Lifestyle choices*
	  • *Social, cultural and economic factors*
	  • *Relationships and isolation*
		Component 1: Learning Aim A
		
		Written coursework

Spr 2	• Component 1: Learning Aim B – Investigate how individuals deal with life events
	  • *Life events*
	  • *Physical events and life circumstances*
	  • *Relationship changes*
	  • *Dealing with life events, adapting to change, forms of support*
		No assessment

Sum 1	• Component 2: Health and Social Care Services and Values
	  • *Primary, secondary and tertiary care*
	  • *Allied health professionals*
	  • *Services for adults, young people, older adults or those with specific needs, social care*
		Component 1: Learning Aim B
		
		Written coursework

Sum 2	• Component 2: Health and Social Care Services and Values
	  • *Physical, sensory, cultural, social and psychological barriers*
	  • *Language, geographical, intellectual, financial and resource barriers*
	  • *Preparation for Component 2: Learning Aim A coursework*
		No assessment

Home Learning:

- A 1 hour piece set every week could include research, drafting of work, consolidation activities

Useful resources:

Component booklets provided in class
Websites detailed in relevant assignment briefs

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Subject: Health and Social Care
Year: 11

OVERVIEW

Year 11 HSc focuses on health and wellbeing and how this is affected by a range of factors. Students will learn about key health indicators and how data is collated on these. They will explore how support is provided through person-centred health plans to address health and wellbeing needs for individuals to improve overall health. The topic of Care Values is revisited to allow students to demonstrate, through role-plays, the application of these alongside preparation for the Component 3 exam.

Term	Focus	Assessment

Aut 1	• Component 2: Care Values
	  • *Empowering and promoting independence*
	  • *Respect, dignity, confidentiality and effective communication*
	  • *Safeguarding, duty of care and promoting anti-discriminatory practice*
	  • *Working together and reviewing practice*
		No assessment.

Aut 2	• Component 3: Health and Wellbeing
	  • *Impacts on health and wellbeing*
	  • *Genetic inheritance, ill health, diet, exercise, substance use, personal hygiene, social interactions, stress, willingness to seek help or access services, financial resources, environment, housing, life events*
		Component 3: Practice case studies

Spr 1	• Component 3: Interpreting health indicators
	  • *Measurements for health, published guidelines, risks to health of abnormal readings, interpreting data*
	• Component 3: Person-centred health and wellbeing improvement plans
	  • *Actions for improvement, targets, support, obstacles to success*
		Component 3: External exam February

Spr 2	• Component 2: Care Values – Role plays
	  • *Empowering and promoting independence*
	  • *Respect, dignity, confidentiality and effective communication*
	  • *Safeguarding, duty of care and promoting anti-discriminatory practice*
	  • *Working together and reviewing practice*
		Component 2: Learning Aim B
		
		Coursework

Sum 1	• Component 3: Revision
	  • *Target setting and action plans*
	  • *Synoptic elements from Component 1/2*
	  • *Model answers*
		Component 3: External exam

Sum 2	• GCSE Examinations.	GCSE Examinations

Home Learning:
- Redrafting and reviewing coursework submissions
  Research in preparation of coursework

Useful resources:
- BTEC Tech Award Component 3 Revision Guide
- Component booklets for all units